

## Do you need cancer support?

Our Vision is that no one goes through cancer alone.



To make an appointment or if you just need to talk to someone please contact us:

Email:support@cancercarewest.ieCall:091 540 040Website:www.cancercarewest.ie

## Cancer Care West provides a free, confidential and professional service.



## OUR SERVICES

AVAILABLE IN PERSON AND ONLINE

- Drop in cancer support. No appointment needed. 10am to 4pm. Monday to Friday
- Counselling. Do you need to talk to someone?
- Advice and information on how to live well with cancer
- **Exercise and Physical Fitness**
- Voga and Massage
- Manual Lymphatic Drainage (MLD)
- ♦ Support Groups
- Survivorship Support

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